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VILLA LEONARDO GAMBIN RESIDENCE NEWSLETTER



## Villa Leonardo Gambin

### Residence:

40 Friuli Court  
Woodbridge, ON L4L 9T3  
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F. 905-856-1882

### Charity Office:

7065 Islington Avenue  
Woodbridge, ON L4L 1V9  
T. 905-856-7619  
F. 905-851-6863

### Web:

[www.villagambin.com](http://www.villagambin.com)

## Villa Leonardo Gambin Charity

### Honorary Chair

Hon. Frank Iacobucci

### Board of Directors

Andrew Iacobelli, *Chair*  
Richard Gambin, *Vice Chair*  
Jerry Buligan, *Past Chair*  
Gianni Ceschia  
Ralph Chiodo  
Christopher Citrullo

Fern Ginsberg  
Michael Volpatti  
Julian Fantino  
Angela Bosa-Slokar

### Charity Administrative Staff

Cinzia DelZotto  
*Executive Director*

### Residence Administrative Staff

Sonia Roul  
*Administrator*

### Mosaic Editors

Stephanie Romano  
Maria Stipe

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## FROM THE ADMINISTRATOR'S DESK

Dear Residents, Families, and Staff,

As we embrace the love-filled month of February, we're thrilled to highlight the significance of Therapeutic Recreation Awareness Month. Our dedicated therapeutic recreation team plays a pivotal role in enhancing your well-being through engaging activities. Join us in celebrating their commitment to joy and vitality!

**Valentine's Day:** Love is in the air, and we're excited to celebrate the warmth of companionship on February 14th. Look forward to heartwarming festivities and special treats that capture the spirit of love and friendship.

**Family Day Celebration:** On February 21st, we honor the importance of family ties. Join us for heartwarming activities that celebrate the love and connections that make our community strong and supportive.

**Italian Celebrations for Seniors:** In honor of our residents with Italian descent, we're planning delightful celebrations that pay homage to rich traditions and flavors. From Italian music to

culinary delights, we'll immerse ourselves in the cultural richness that makes our community diverse and vibrant.

Thank you for being an integral part of our extended family. Your enthusiasm and participation make each celebration memorable. Here's to a month filled with love, laughter, and cultural richness!

Warm regards,

Sonia Roul

*Administrator*

***Welcome/Benvenuti***

***Leonardo B***

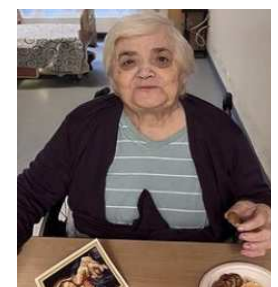
***Angela D***

***Annunziata L***

## New Years Day



## LA BEFANA



## SAUSAGE AND WINE PARTY



## FEBRUARY IS THERAPEUTIC RECREATION MONTH

## UP COMING EVENTS FOR FEBRUARY

- **On Thursday February 1st at 2:30pm - We will have our Kick off to Recreation Therapeutic Month in the Café**
- **On Saturday February 3rd at 2:30pm - Music in the Café with Franco Pagliaro**
- **On Saturday February 10th at 2:00pm - Chines New Year Fortune Cookies will be shared on Resident Home Areas**
- **On Monday February 12th at 10:00am - Intergenerational Program with Students from St. Norbert Elementary School in the MPR**
- **On Tuesday February 13th at 2:00pm on Residents Home Area residents will enjoy freshly made Pancakes**
- **On Wednesday February 14th at 2:30pm - Valentines Day Celebration in the MPR**
- **On Saturday February 17th at 2:30 - Melodie Italiane Choir in the MPR**
- **On Monday February 19th at 2:30pm - Family Day Bingo in the MPR**
- **On Tuesday February 27th at 2:30pm - Monthly Birthday Party in the MPR**

At VLG, Therapeutic Recreation is the term used to describe the programs, activities, and interventions used to provide our residents with the best quality of life possible. Our recreation team here at VLG works diligently to ensure that residents are being provided with programs and activities which encompass the “5 domains of health”; intellectual, physical, emotional, spiritual, and social. Please join us the first week of February as we celebrate “VLG Domain Days” and bring awareness to the importance of Therapeutic Recreation! The Schedule for the week is as follows:

## Monday February 5th: Intellectual

2:00pm - Bingo in the MPR

6:00pm - Card Games and Puzzles in the Café

## Tuesday February 6th: Physical

9:45am - Yoga on Via Mare

10:45am - Yoga on Via Fiore

2:00pm - Yoga in The MPR

### Wednesday February 7th: Emotional

**2:00pm - Valentines Day Arts and Crafts on the RHA**

### Thursday February 8th: Spiritual

## 2:30pm - Mass in the MPR

### Friday February 8th: Social

2:30pm - Coffee and Music in the Café



## **HAPPY BIRTHDAY / BUON COMPLEANNO**

Maria B.	Rosaria F.	Francesca G.	Silvino P.
Maria C.	Luigi F.	Antonio G.	Vittoria S.
Renato D.	Francesca G.	Francesca G	Giuseppe S.
Agela D	Antonio G.	Gioacchino N.	



### **THERAPEUTIC RECREATION AWARENESS MONTH 2024**

February is Therapeutic Recreation Awareness Month and the theme in Ontario for February 2024 is *"Connection, Celebration, and Continued Education!"*. In February we celebrate the many ways recreation enhances quality of life...

At Villa Leonardo Gambin we are grateful for our Recreation Department. These individuals work hard to ensure that our residents are supported and engaged in meaningful activities. The purpose of Therapeutic Recreation is to enable all individuals to achieve quality of life and optimal health through meaningful participation in recreation and leisure activities

*Join us in thanking our Recreation Department for all they do!*

### ***5 Benefits of Recreation Therapy***

- Enhances Physical Health.
- overcome physical challenges due to past injuries or ill health.
- Increase Socialization.
- Boosts Cognitive Function
- Eliminate Stress



## **How can we help?**

### **Administrator**

Sonia Roul Ext. 750

### **Director of Care**

Vanessa Romero Ext. 753

### **Associate Director of Care**

Jannet Brown Ext. 769

### **Associate Director of Care**

Mavis Brown Ext. 771

### **Associate Director of Care**

Apshan Malhans Ext. 782

### **Office Manager**

Jean Ramirez Ext. 751

### **Director of Resident and Family Services**

Stephanie Romano Ext. 752

### **Director of Dietary Services**

Klilton Ext. 757

### **Manager of Recreation and Volunteer Services**

Maria Stirpe Ext. 766

### **Manager of Maintenance and Building Systems**

Voltaire Dela Cruz Ext. 756

### **Behavioural Support Lead**

Sukhvir Kaur Ext. 778

### **Dietitian**

Denis Collier Ext. 754

### **Restorative Care Lead**

Mehrangiz Mohibi Ext. 760

### **Family Council Committee**

[vlg.familycouncil@villagambin.com](mailto:vlg.familycouncil@villagambin.com)

### **Resident Home Areas**

Via Mare (2nd floor) Ext.702

Via Fiore (3rd floor) Ext. 703

Via Stella (4th floor) Ext. 704

Via Sole (5th floor) Ext. 705

Via Luna (6th floor) Ext. 706

Via Bosco (7th floor) Ext. 707

### **Donations and Event Information - Charity Office**

Cinzia Del Zotto Ext.754